

4th ECPP Conference Programme

Tuesday, July 1

- 10.00-19.30 Registration
16.30-17.00 Opening ceremony (Ambassador)
17.00-18.00 **Keynote Address (Ambassador):**
Ed Diener: Well-Being on Planet Earth
18.00-19.30 Life Goals and Well-Being: 'American Dream' in Other Cultures (Ambassador)
Welcome Reception (*Open Air Theatre*)
20.00-21.00 Film screening & discussion (*Open Air Theatre*)
21.00-22.00

Wednesday, July 2

- 8.30- 9.30 **Invited speaker: Randy Larsen (Ambassador)**
Overcoming the Hedonic Treadmill: Self-Regulation of Emotional Well-Being"
9.30-11.00 **Conceptual Questions in Positive Psychology (Ambassador)**
Towards Positive Psychology at Work (Magnolia 1)
Positive Community (Kamelia 2)
Correlates of Well-Being (Lovor)
Optimism 1 (Kamelia 1)
Thriving Through Inner Conflict (Mimosa 1)
Book presentation: Naklada Slap (Mimosa 2)
10.30-11.30 **Poster Session 1 (Lower ground floor)**
11.00-11.30 Coffee Break
11.30-13.00 **In Search of the Good Working Life: Enhancing Personal & Organizational Well-Being (Ambassador)**
Happiness and the Eudaimonic Happiness Inventory: A Cross-Cultural Investigation (Magnolia 1)
Stress and Coping (Kamelia 2)
Positive Psychology Programs (Kamelia 1)
Gratitude and Altruism (Lovor)
Integrating Positive Psychology, Appreciative Inquiry & Solution Focus Approaches (Mimosa 1)
13.00-14.00 Lunch
14.00-15.30 **How Well is Well-Being Being Measured (Ambassador)**
Implementing Positive Interventions via the World Wide Web (Magnolia 1)
Positive Organizations (Kamelia 2)
Resilience (Kamelia 1)
Successful Aging (Lovor)
15.30-16.00 Coffee Break
16.00-17.30 **The Future of Positive Psychology (Ambassador)**
Varieties of Optimal Experiences: Conceptual and Methodological Issues (Magnolia 1)
Life Goals (Kamelia 2)
Well-Being in Specific Contexts (Kamelia 1)
The Power of Present Moment - Mindful Processing in Psychotherapy and Counseling (Lovor)
17.30-18.30 **Invited speaker: Márta Fülöp (Ambassador)**
Happy and Unhappy Competitors: What Makes the Difference?
18.30-19.30 ENPP Meeting (Ambassador)
21.00 Student party at Grand hotel 4 opatijska cvijeta, Amelia, Mimosa hall

Thursday, July 3

- 8.30- 9.30 **Invited speaker: Todd Kashdan (Ambassador)**

Purpose In Life as a System that Creates and Sustains Health and Well-Being: An Integrative, Testable Theory

9.30-11.00 **Flow Theory, Methods, and Research (part 1) (Ambassador)**

Abraham Maslow (1908-1970) and his Lessons for Positive Psychology of Our Days (R) (Kamelia)

Positive Affect and Happiness (Magnolia)

Psychotherapy and Counseling (Kamelia 2)

Meaning and Purpose in Life (Lovor)

Ways to Reach Happiness Through Communication Skills & Choice Theory (Mimosa 1)

10.30-11.30 **Poster Session 2 (Lower ground floor)**

11.00-11.30 **Coffee Break**

11.30-13.00 **Flow Research and Applications (part 2) (Ambassador)**

Importance of Emotional Intelligence in Positive Outcomes During Life Span (Kamelia 2)

Human Strengths (Magnolia)

Thriving and Flourishing (Kamelia 1)

Optimism 2 (Lovor)

Imago Therapy and Workshops: Applied Positive Psychology in the Relational Paradigm (Mimosa 1)

13.00-14.00 **Lunch**

14.00-15.30 **SDT and Positive Psychology 1 (Ambassador)**

Scotland: Positive Psychology in Practice (Kamelia 2)

School Community and Well-Being (Magnolia)

Positive Traits (Kamelia 1)

Health and Well-Being (Lovor)

Art and Creativity Contribute to Positive Psychology (Mimosa 1)

15.30-16.00 **Coffee Break**

16.00-17.30 **SDT and Positive Psychology 2 (Ambassador)**

International Perspectives on Postgraduate Education in Positive Psychology (Magnolia)

Family and Parenthood (Kamelia 2)

Eating Disorders, Body Dissatisfaction & Well-Being (Lovor)

Enhancing Psychological Strengths Through Hypnosis: An Experiential Introduction (Mimosa 1)

Book presentation: Croatian positive psychology textbook (Kamelija 1)

17.30-18.30 **Invited speaker : Mihaly Csikszentmihalyi (Ambassador)**

The Role of Flow in Positive Psychology

18.30-19.30 **ENPP & IIPPA Meeting (Ambassador)**

21.00 **Conference Dinner (Hotel Kvarner)**

Friday, July 4

8.30- 9.30 **Invited speaker: Stephen Joseph (Ambassador)**

Growth Following Adversity: The Positive Psychology of Posttraumatic Stress

9.30-11.00 **Book presentation: Ed Diener & Robert Biswas Diener: Happiness: Unlocking the mysteries of Psychological Well-Being (Ambassador)**

Servant-Leadership, Key to Follower's Well-Being, Engagement and Personal Growth (Kamelia 2)

SDT in the Context of Positive Psychology (Kamelia 1)

Work and Well-Being (Lovor)

Well - Being of Professionals (Magnolia)

Optimism and Personality Traits (Student Session, Mimosa 1)

11.00-11.30 **Coffee Break**

11.30-13.00 **General Well-Being (Ambassador)**

Personal Growth (Magnolia)

Sport and Well-Being (Kamelia 2)

Flow and Mindfulness (Lovor)

Positive Affect and Well-Being (Student Session, *Mimosa 1*)

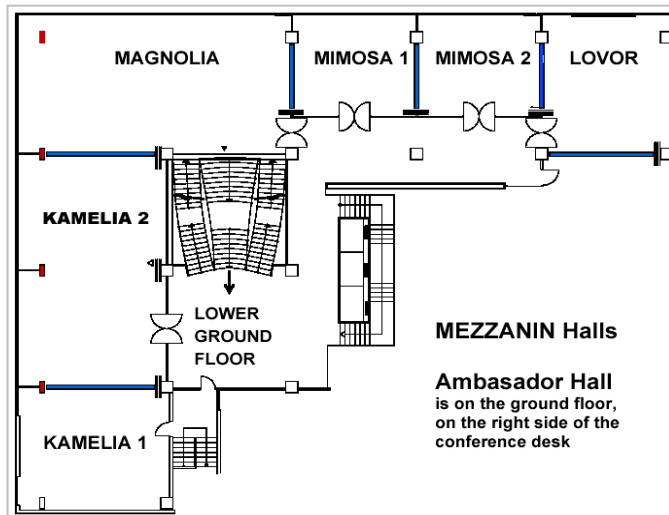
Book presentation:

Freire T. (Ed.) *Understanding Positive Life: Research and Practice on Positive Psychology* (*Kamelia 1*)

13.00-14.00 Closing Ceremony (*Ambasador*)

Legend: ■ Invited speakers ■ Symposia ■ Sessions ■ Workshops ■ Round tables
■ Poster session
■ Book presentation

Conference Halls



Tuesday, July 1

10.00-19.30 Registration

16.30-17.00 Opening ceremony (*Ambasador*)

17.00-18.00 Keynote Address (*Ambasador*)

i. **Ed Diener: Well-Being on Planet Earth**

18.00-19.30 Round table (*Ambasador*)

Life Goals and Well-Being: 'American Dream' in Other Cultures

Discussants: **Brdar I., Rijavec M., Miljković D.**

Participants: **Chirkov V., Lekes N., Martos T., Yamaguchi M.**

20.00-21.00 Welcome Reception (*Open Air Theatre*)

21.00-22.00 Film screening & discussion (*Open Air Theatre*)

Lisa Kamen: "H-Factor...Where is Your Heart?"

Way to Open Air Theatre



It takes 10 minutes walk by the Sea Promenade to the Open Air Theatre.

Wednesday, July 2

8.30 - 9.30

Ambassador

Invited speaker: **Randy Larsen**

2. Overcoming the Hedonic Treadmill: Self-Regulation of Emotional Well-Being

9.30 - 11.00

Ambassador

Symposium: **Conceptual Questions in Positive Psychology**

Organiser: **Pawelski J.**, Discussant: **Csikszentmihalyi M.**

Pawelski J. What Does Positive Psychology Mean by "Positive"?

Jayawickreme E. How Should Positive Psychology Define 'Well-Being'? A Comparative Perspective

Craig C. Positive Psychology - New Bottles and Old Wine?

Schueller S. Identifying and Analyzing Positive Interventions

9.30 - 11.00

Magnolia 1

Symposium: **Towards Positive Psychology at Work**

Organiser: **Hakanen J.**

Christensen M. Always Look on the Bright Side of Life? A Study of Positive Health at Work

Hakanen J. Schaufeli W., Ahola K. Integrating the Positive and the Negative in Occupational Health Psychology: A Three-Year Cross-Lagged Panel Study on the Job Demands–Resources Model

Hyvönen K. From Personal Work Goals to Occupational Well-Being: Investigating Young Managers' Work Engagement and Burnout

Straume L., Vitterso J. Differences between Eudaimonia and Hedonism: Evidence from State and Trait Perspectives

9.30 - 11.00

Kamelia 2

Session: **Positive Community**

Chair: Veenhoven Ruut

Veenhoven R. Greater Happiness for a Greater Number: How Can That Be Achieved?

Zbaganu - Negovan V. Motivational Patterns, Achievement Motivation and Subjective Well-Being Related to University Students' Involvement in Volunteering Activities

Riva E., Inghilleri P., Riva E., Guerini M., Boffi M. New Practices for a Better and Fairly Life between Responsible Citizenship and Well-Being Development

Marks N. Hard to Be Hopeful about Planet Earth

Cameron R. Developing a Sense of Belonging: Positive Psychology in a High-Density Community

9.30 - 11.00

Lovor

Session: **Correlates of Well-Being**

Chair: Hutchinson Ann-Marie

Hutchinson A., Stuart A., Pretorius G. The Biological Origins of Well-Being: Investigating the Relationships between Temperament, Character Strengths and Resilience

Jarden A. Axiology, Psychopathology, and Positive Psychology: Investigating Important Relationships between Personal Values and Mood, Personality, Beliefs, Character Strengths, and Psychopathology

Oosthuizen T., Wissing P., Nienaber D.

Socio-Demographic Variables and the Psycho-Social Health Profile of Students in a Further Education and Training Sector

Matthey A. Changing Reference States through Priming

Nienaber A. Psychological Mindedness in Undergraduate Psychology Students

9.30 - 11.00

Kamelia 1

Session: **Optimism 1**

Chair: Gordeeva Tamara

Gordeeva T., Osin E., Ivanchenko G. Optimism, Hope, and Performance: When Optimistic Attributional Style Really Helps

Harpaz-Itay Y., Kaniel S. The Optimism-Pessimism Attitude

Hervás Torres G., Vázquez C. Cognitive Mechanisms Underlying Optimism: Evaluating Positive Attentional Bias

Realdon O., Anolli L., Raspelli S., Ascolese A. Optimism and Emotional Written Disclosure

Svence G. Optimism and Well-Being Aspects, Research in Latvia

9.30 - 11.00

Mimosa 1

Workshop:

Thriving Through Inner Conflict

Nir D.

9.30 - 11.00

Mimosa 2

Books presentation

Publisher *Naklada Slap*

Larsen, R.J., Buss, D.M. **Psihologija ličnosti**

10.30 - 11.30

Lower ground floor

Poster Session I.

During the time scheduled presenters will stand by their poster. Posters will be displayed for the whole day.

Aiello G., Finsterle G. The Use of Psycho-Acoustical Transitional Sessions in Patients Suffering of Moderate and Severe Alzheimer 's disease (**P2**)

Albieri E., Visani D., Ottolini F., Tomba E., Ruini C. Measuring Psychological Well-Being and Distress in Adolescence (**P3**)

Albieri E., Visani D., Ruini C., Ottolini F., Fava G. A. Well-Being Therapy With Children: A Preliminar Investigation (**P4**)

Albuquerque B. P. Memory for Emotional Facial Expressions: The Relation between Positive Emotions and Recognition Ability (**P5**)

Ambrona Benito T., López-Pérez B. What Positive Characteristics Make a Leader Different? (**P6**)

Avsec A., Smolej Fritz B. Traits as Predictors of Flow Experience in Music Students (**P7**)

Belaise C., Ottolini F., Ruini C., Albieri E., Fava G., Tomba E. Differential Effects of Well-Being Promoting and Anxiety Management Strategies in the School Setting (**P8**)

Bevilacqua R., Ruini C., Ottolini F., Fava G. A., Offidani E. Biological Correlates of Well- Being, Ill-Being and Personality Traits on a Sample of Italian Blood Donors (**P11**)

Bosnar K., Greblo Z. The Relationship between Life Satisfaction and Anxiety in Family Surrounding (**P13**)

Botha K., Gerber O., Terblanche M., Winterbach L. Self-Regulation and Qualitative Research: Some Valuable Lessons (**P14**)

Brajša Žganec A., Ivanović D., Kaliterna Lipovčan L. Personality Traits and Social Desirability as Predictors of Subjective Well-Being (**P15**)

Brebrić Z., Rijavec M. Some Components of Emotional Intelligence, School Achievement and Prosocial and Aggressive Behavior in Primary School Students (**P16**)

Cruz, J. F., Matos, D., Osório, J. Vieira, J. Cognitive Appraisals, Emotions and "Ways of Being" in Sport Competition: A Case Study with the Portuguese Junior Top Team of Handball (**P17**)

Ćubela Adorić V., Jurević J., Jurkin M. Marital Satisfaction, Idealization, Adjustment and Stability in Different Types of Marriage (**P18**)

Ćubela Adorić V., Jurkin M. Belief in a Just World, Life Satisfaction and Depression in Adults (**P19**)

De Vos H. The Effect of Mental Training Programmes on the Self-Concept of Students (**P20**)

Di Bisceglie M., Sarti S., Colombo A., Bassi M., Delle Fave A. E-Motion: Effects of Psycho-Physical Training on Well-Being (**P21**)

Castejon J. L., Perez N. Emotional Intelligence: Some More than G and Personality in Predicting Academic Success in University Students (**P22**)

Dimec N., Lutman U., Mars U. Optimism and Hope: Its Differentiation and Relation to Psychological Well-Being (**P23**)

Delale E. Self-Perceived Emotional Intelligence, Social Support and Parental Acceptance-Rejection in Adolescents (**P24**)

Duffy M., Shaw J., Fang R. Organizational Flourishing: Positive and Negative Emotionality and Organizational Performance (**P25**)

- Ferreira M., Freire T.** The Quality of the Subjective Experience in Daily Life: A Single Case Study with Elderly (P26)
- Fonte C., Freire T.** Leisure Experience and Alcohol Consumption in Adolescents' Daily Life: From Boredom to Optimal Experience (P27)
- Gheno S., Magrin M. E., Scignaro M., Viganò V.** The Promotion of Well-Being in Work Organization: The Role of Self-Empowerment (P28)
- Gheno S., Scignaro M., Viganò V., Magrin, M. E.** Sense of Coherence and Self-Empowerment As Factors of Promotion of Psychological Well-Being in a Sample of Care-Workers (P29)
- Gherasim L. R.** Judgment of Contingency: The Role of Objective Contingency and Outcome Valence (P30)
- Greblo Z., Bosnar K.** Perfectionism and Life Satisfaction (P31)
- Hale D., Sani F.** The Effects of Goal Motivation as a Function of Age: Subjective Well-Being and Goals (P32)
- Harzer C., Ruch W.** Character Strengths as Predictors for Academic Success and Satisfaction with Studies (P33)
- Hedman L.** Emergency Medical Training Using Virtual World CPR: Effects on Flow Experience (P34)
- Henricksen A.** The Pursuit of Happiness: An Exploration of Older Adults' Happiness-Enhancing Activities (P35)
- Hyvönen K. I., Feldt T., Mäkikangas A., Kinnunen U., Kokko K.** The Developmental Trajectories of Managers' Work Ability and Their Antecedents in a 10-Year Follow-Up Study from 1996 to 2006 (P36)
- Ignat A. A.** Social and Emotional Development Program for Gifted Children – Outcomes and Perspectives (P37)
- Ishimura I., Kodama M.** Feelings of Strengths and Limitations in Flow Activities (P38)
- Ismail A., Salama-Younes M., Hanrahan S., Roncin C.** Development a Short French Measure of the Psycho-Social Well-Being for Old Adult (P39)
- Ivanov L.** Relationship among Healthy Separation and Social Support of Family and Friends during the First Year of Study (P40)
- Jurkin M.** Belief in a Just World, Life Satisfaction and Depression in Adults (P41)
- Kamide H.** Japanese Adults' Narrative Stories and Eudaimonic and Hedonic Well-Being (P42)
- Koenig R., Malinowski P., Asendorpf J. B.** Does Buddhist Meditation Increase Happiness? (P44)
- Koić E., Per-Koznjak J.** Fairy Tales in the Prevention of Behavioral and Functioning Disorders in Children and Young People (P45)
- Lekes N., Gingras I.** Adolescent Life Goals, Parenting Experiences, and Well-Being in Canada, China, and the United States (P46)
- Lesmann N. , Rainer D.** Successful Life: Concept and Correlates (P47)
- Lewis C. A.** Religion and Positive Psychology: The Case of Happiness (P48)
- Lima D. , Freire T.** Perceptions of Parental Practices and Free Time Experience in Adolescents: From Boredom to Positive Involvement (P49)
- Lima I., Freire T.** Meanings, challenges and future life goals related to school experiences (P50)
- López-Pérez B., Fernandez Pinto I., Ambrona Benito T.** Positive Empathy: Another View is Possible (P51)
- Losada A., Márquez-González M., Cigarán M., Fernández M.** Profile of an Optimistic Caregiver: Some Correlates of Caregivers' Optimism and Ideas for Intervention (P52)
- Losada A., Peñacoba C., Romero R., Márquez-González M.** On Being Optimistic and Reappraiser When Caring For a Relative with Dementia: Effects on Depression (P53)

11.00 - 11.30

Coffee Break

11.30 - 13.00

Ambassador

Symposium (invited):

In Search of the Good Working Life: Enhancing Personal and Organizational Well-Being

Organiser: **Salanova M.**, Discussant: **Diener E.**

Kopperud K., Øyvind M. Leading the Good Working Life. Positive Impacts of Transformational Leadership and Self Leadership

Gómez Amorós M., Remor E., Carrobles J.A., Martínez De Serrano B.A. Psychological Intervention for the Promotion of the Psychological Resources to Increase the Psychological Wellbeing and Health

Rodríguez-Sánchez A.M., Schaufeli M., Salanova M., Cifre E., Sonnenschein M. The Flow Experience and its Correlates: An Electronic Diary Study Involving Working and Non-Working Tasks

11.30 - 13.00

(Magnolia 1)

Round table:

Happiness and the Eudaimonic Happiness Inventory: A Cross-Cultural Investigation

Discussants: **Delle Fave A., Brdar I., Freire T.**

Participants: **Engeser S.
Vella-Brodrick D.
Wissing M.
Zaccagnini J.**

11.30 - 13.00

(Kamelia 2)

Session: **Stress and Coping**

Chair: Van Campen Cretien

Van Campen C., De Boer A. The Happiness of Caregivers: Benefits and Burden of Caregiving in Combination with Paid and Volunteer Work by Caregivers and Noncaregivers in the Netherlands

Tay-Koay S., Lee M. Positive Coping with Challenges during Oversea Community Service Learning Expedition and Development of Personal Capabilities in Youths

Aydin K. Strategies for Coping with Stress as Predictors of Mental Health

Mjaaland T. Teaching General Practitioners to Promote Their Patients Coping Behaviour

Jayawickreme E. Can Refugees Experience Well-Being?

11.30 - 13.00

(Kamelia 1)

Session: **Positive Psychology Programs**

Chair: Guse Tharina

Guse T. More than a Bag of Tricks: Students' Reflections on Integrating Positive Psychology into the Professional Training Curriculum

Gilani T., Boniwell I. Pilot Study to Evaluate Well-Being Curriculum

Khramtsova I. Design of and College Student Attitudes toward Positive Psychology Project

Nolan Miljević J. Luck Training

Olivier M. Emotional strength as a meta-ability of intelligence and well-being

11.30 - 13.00

(Lovor)

Session: **Gratitude and Altruism**

Chair: Toepfer Steven

Toepfer S. Writing Letters of Gratitude to Increase Happiness, Life Satisfaction, and Gratitude

Barton H. To Be Or Not to Be Altruistic? The Promise of Service Learning as a Transformative Learning Experience for Psychology Students

Iyer R., Carter C. Creating the Ideal Online Gratitude Intervention

Martinez M., Avia M., Hernández M. Effects of an Intervention in Gratitude on Well-Being: Is Counting Blessings All About Gratitude?

Geraghty A., Hyland M. Gratitude therapy for Body Dissatisfaction: Retention and Outcome

11.30 - 13.00

(Mimosa 1)

Workshop:

Integrating Positive Psychology, Appreciative Inquiry and Solution Focus Approaches: An Applied Model for Multiple Research and Intervention Contexts

Marujo H.

13.00 - 14.00

Lunch

14.00 – 15.30

Ambasador

Symposium (invited): **How well is Well-Being Being Measured**

Organiser: **Huppert F.**, Discussant: **Diener E.**

Huppert F., Marks N., Zimmerman A. Measuring Well-Being across Europe: Development and Findings of The European Social Survey's Well-Being Module

Abbott R. An Evaluation of the Psychometric Structure and Precision of Measurement of Ryff's Psychological Well-Being Scales in a Population Sample

Vittersø J. Value of Measuring Interest and Engagement and their Relationship to other Well-Being Constructs

Parkinson J., Tennant R., Weich S., Stewart-Brown S., Joseph S., Olatt S. A New Brief Measure of Positive Mental Health: The Warwick-Edinburgh Mental Well-Being Scale

Stephoe A., Wardle J., Dockray S. The Measurement of Well-Being in Everyday Life: Associations between Measures Obtained Using Ecological Momentary Assessment and the Day Reconstruction Method

14.00 – 15.30

Magnolia 1

Symposium:

Implementing Positive Interventions via the World Wide Web

Organiser: **Parks A.**, Discussant: **Kashdan T.**

Mitchell J. Evaluating the Efficacy of an Online Strengths-Based Intervention

Iyer R. An Empirical Investigation into the Ideal Online Gratitude Intervention

Parks A. Testing Happiness-Increasing Exercises Individually and in Packages over the Web

Durkin L. A, Burns, J. Innovative, Internet-Based Approaches that Promote the Mental Health and Wellbeing of Young People: Reach out Central and the Reach out! Online Community Forum

Cohn M. Maintaining Scientific Rigor on the Internet: Methodology, Assessments, Analysis, and Empirical Findings

14.00 – 15.30

Kamelia 2

Session: **Positive Organizations**

Chair: Donaldson Stewart

Donaldson S. , Ko I. Positive Organizational Psychology: A Theory-Driven Research Synthesis

Dulewicz V. , Higgs M. Psychological Well-Being, Emotional Intelligence and Personality: An Empirical Study of These Relationships in a Managerial Sample

Kauko-Valli S., Moilanen R. System Dynamic View On Well Being – Implications of Occupation

Kunos I. Positive Psychology in Management Science

Ribera A., Sortheix F. Personality Development and Management Education

14.00 – 15.30

Kamelia I

Session: **Resilience**

Chair: Wakelin Delia

Wakelin D., Case G. Resilience - Can It Be Fostered?

Enthoven M. The Ability to Bounce Beyond: Adolescents as Active Agents in Their Resilient Development

Perloiro M., Faria M., Ribeiro T. The Penn Resilience Program: Effects on Academic Competencies Self-Perception, Levels of Hope and Subjective Well-Being in a Portuguese Student Sample

Stanculescu E. Psychological Correlates of Hardiness and Sense of Coherence - Gender Differences

Visser M., Finestone M., Boeving A., Sikkema K. Development of Mother and Child Interventions to Promote Resiliency in Young Children of HIV-Infected Mothers

14.00 – 15.30

Lovor

Session: **Successful Aging**

Chair: Findler Liora

Findler L., Dayan - Sharabi M., Yaniv I. Personal Growth and Quality of Life Among Grandparents of Children Who Survived Cancer

Durak M., Senol Durak E., Gencoz T. The Reliability and Validity of the Satisfaction with Life Scale in the Samples of Turkish Elderly and Correctional Officers

Ismail A., Salama-Younes M., Roncin C. Construct Validity of a French Version of Mental Health Continuum for Elderly People

Lapierre S., Dube M., Alain M., Bouffard L. Emotional Intelligence and Well-Being in Old Age

Ambrosi-Randić N., Plavšić M. Strategies for Goal-Achievement in Older People with Different Levels of Well-Being

15.30 – 16.00

Coffee Break

16.00 – 17.30

Ambassador

Round table (invited):

The Future of Positive Psychology

Discussant: **Linley A.**

Participants: **Kashdan T.**
Guðmundsdóttir D.
Leontiev D.
Marks N.

16.00 – 17.30

Magnolia 1

Symposium:

Varieties of Optimal Experiences: Conceptual and Methodological Issues

Organiser: **Vitterso J.**, Discussant: **Delle Fave A.**

Bassi M., Steca P., Delle Fave A., Caprara G.V. Adolescents' Emotional Self-Efficacy Beliefs and Quality of Daily Experience

Freire T. Measurement of Flow Experience: An Empirical Comparison Using on-Line and Retrospective Measures

Kopperud H.K. What is This Thing Called Flow? An Empirical Comparison of Three Different Approaches

Vitterso J. Beyond Challenges and Skills: Cognitive Determinants of Flow Exemplified with Subjective Experiences of and Physiological Responses to Film Clips

Vivold S.L. Measuring Flow: State and Trait Approaches

16.00 – 17.30

Kamelia 2

Session: **Life Goals**

Chair: Rijavec Majda

Rijavec M., Brdar I., Miljković D.

Probability of Attaining Important Life Goals and Well-Being

Martos T., Maria K.

Intrinsic Life Goal Orientation: Is It a Luxury of the Well Offs Or a Chance for Everyone?

Yamaguchi M., Halberstadt J.

Self-Focused Attention: A Possible Mediator of the Relationship Between Life Goals and Well-Being

Martos T., Kezdy A.

The Role of Religious-Spiritual Attitudes and Religious-Spiritual Motivation of Personal Goals in Self-Integration

Hyvönen K., Feldt T., Salmela-Aro K., Mäkikangas A., Kinnunen U.

From Personal Work Goals to Occupational Well-Being: Investigating Young Managers' Work Engagement and Burnout

16.00 – 17.30

Kamelia 1

Session: **Well-Being in Specific Contexts**

Chair: Duncan Elaine

Duncan E., Subba U. A Survey of Satisfaction with Life in a Cross-Section of Nepalese Society

Guðmundsdóttir D. Using Positive Psychology to Promote Mental Health - The Impact of Demographic Factors, Social Relationships, Health and Depression On SWB in Iceland

Nafstad H., Blakar R., Botchway A., Rand-Hendriksen K., Turken S. Well-Being, Globalization and Ideologies.

Prizmic Z., Kaliterna Lipovčan L. Differential Predictors of Specific Affects in a Representative Sample of Croatian Citizens

Potgieter J., Botha K. Psychometric Properties of the Short Self-Regulation Questionnaire in a South African Context

16.00 – 17.30

Lovor

Workshop:

The Power of Present Moment - Mindful Processing in Psychotherapy and Counseling

Žvelc G., Žvelc M.

17.30 – 18.30

Ambasador

Invited Speaker: **Márta Fülöp**

Happy and Unhappy Competitors: What Makes the Difference?

18.30 – 19.30

Ambasador

Meeting:

European Network of Positive Psychology

21.00

Grand hotel 4 opatijska cvijeta, Hall Mimosa

(Facultative)

Students invite conference participants to attend a party at the Congress centre of the hotel Amelia. Music: Claudia Beni band.

It takes five minutes walk to the Amelia hotel by the Seaside Promenade, in the direction of Open Air Theatre (west), afore the Opatija harbour.

Thursday, July 3

8.30 - 9.30

Ambasador

Invited speaker: **Todd Kashdan**

Purpose In Life as a System that Creates and Sustains Health and Well-Being: An Integrative, Testable Theory

9.30 - 11.00

Ambasador

Symposium (invited):

Current and Future Directions in Flow Theory, Research, and Application. Part I. Flow Theory, Methods, and Research

Organiser: **Nakamura J.**, Discussant: **Csikszentmihalyi M.**

Abuhamdeh S. The Relationship between Subjective Challenge and Objective Difficulty: A Study of Internet Chess

Delle Fave A. What is Optimal Experience? Clarifications and Implications for Eudaimonia

Inghilleri P. Flow and Psychotherapy

Blom Ö., Fredrik U. The Psychophysiology of Flow During Music Performance

Freire T. (Re)Searching Flow Throughout Daily Life: From Social Contexts to Internal States

9.30 - 11.00

Kamelia 1

Round table:

Abraham Maslow (1908-1970) and his Lessons for Positive Psychology of our Days

Discussant: **Leontiev D.A.**

Participants: **Blakar Rolv M.**
Kolpachnikov V.
Nafstad H.
Skinner A.
So T.C.

9.30 - 11.00

Magnolia

Session: **Positive Affect and Happiness**

Chair: Steptoe Andrew

Steptoe A., Bhattacharyya M. The Relationship Between Positive Affect and Autonomic Balance Measured in Everyday Life

Dockray S., Steptoe A. The Stability of Positive Affect in Adolescence: Associations with Hassles and Uplifts

Kaczmarek L. The Effect of Creative Activity On Positive Affect in Men and Women

Harzer C., Ruch W., Proyer R., Peterson C. Three Orientations to Happiness – The Paper-Pencil and the Internet Version of the German Adaptation of the OTH (Peterson, Park, & Seligman, 2005)

Vella-Brodrick D. The Importance of Pleasure, Engagement and Meaning for Subjective and Psychological Well-Being

9.30 - 11.00

Kamelia 2

Session: **Psychotherapy and Counseling**

Chair: Cervinka Renate

Cervinka R., Feselmayer S. Clinical Gardening: Benefits for Wellbeing and Health - Experiences from Addiction Therapy

Geel A. Simple Psychotherapy - A Model for Brief, Effective, Solution Focused Positive Psychotherapy

Gomez M., Remor E., Carrobbles Isabel J., Martínez B. Development and Evaluation of a Brief Psychological Intervention for the Promotion of the Psychological Resources and Strengths.

Nissen P. A Clinical Psychological Assessment- and Intervention Guide Based On Positive and Integrative Psychology

Riva E. Transcultural Psychotherapy and Positive Psychology

9.30 - 11.00

Lovor

Session: **Meaning and Purpose in Life**

Chair: Visser Maretha

Visser M., Smith M., Maree D. The Development of a Spiritual Intelligence (Sq) Questionnaire

Taubman - Ben-Ari O., Weintroub A. Meaning in Life and Personal Growth Among Pediatric Physicians and Nurses

Szadejko K. Existential Meaning and Motivation for Antiretroviral Therapy of Persons Affected by HIV/AIDS

Sekerka L., Bagozzi R. Hierarchical Representation of Motives in Ethical Behavior

Malinowski P. Meditation Practice, Mindfulness Skills and Components of Well-Being

9.30 - 11.00

Mimosa 1

Workshop:

Ways to Reach Happiness Through Communication Skills and Choice Theory

Kim R.I.

10.30 - 11.30

Lower ground floor

Poster Session II.

During the time scheduled presenters will stand by their poster. Posters will be displayed for the whole day.

Marques S. C., Pais-Ribeiro J., Lopez S. J. Further Evaluation of the Test-Retest Reliability of the Children Hope Scale and Students' Life Satisfaction Scale (P54)

Majcher M., Marczak M., Winiewski M. Can Money Bring Happiness? (P55)

Merkaš M., Raboteg-Šarić Z., Miljković D. The Relation of Intrinsic and Extrinsic Aspirations to Adolescent Life Satisfaction (P56)

Mijočević I., Rijavec M. Relationship Between Revenge/Avoidance Motivation and Depression and Happiness (P57)

Moè A., Sarlo M. What a Beautiful Picture! What Makes a Neutral Judgment a Positive One (P58)

Mourão J. S., Freire T., Fernandes E., Mourão J. Thoughts and Emotions: The Quality of Daily Experience in Clients Undergoing Psychotherapy (P59)

Mullins P. M., Blayney J., Lindgren K. The Role of Curiosity and Meaningful Life in College Women's Drinking Behavior (P60)

Nauheimer E. An Investigation Into the Relationship Between Emotional Intelligence, Self-Esteem and Psychological Well-Being (P61)

Nawijn J. The Effect of Short Holiday Trips on Life Satisfaction (P62)

Nawijn J., Iwanczuk M. The Long-Term Effect of Positive Emotion in Educational Institutions (P63)

Offidani E., Ottolini F., Ruini C., Bevilacqua R. Altruism, Well - Being and Stress (P64)

Osin E., Salikhova A. Positive and Negative Aspects of Loneliness: A New Approach to Their Assessment (P65)

Park T. Positive Response to Transgression?: A Workplace Forgiveness Process Model (P66)

Pearce A., Szarkowski A., Khramtsova I. A Positive Outlook on Mate Preferences in Japan (P67)

Pečnik N., Tokić A. Self-Disclosure to Parents: Adolescents' Views (P68)

Penezić Z. Relationship Among Life Satisfaction and Stressful Life Events in Different Age Groups (P69)

Perova E., Enikolopov S. Implementation of LOT-R and ASQ in Russia (P70)

Polak A. The Influence of Team Work on Personal and Professional Growth of Teachers (P71)

Poljšak Škraban O., Orga S. The Structure of Personal Control of Development Among (Un)Employed Young Adults (P72)

- Potgieter J., Dissel J., Wissing M., Temane M.** Time Perspective in An African Context (P73)
- Pupić-Bakrač A., Penezić Z., Sorić I., Vulić-Prtorić A.** (In)Stability of Self-Esteem in Adulthood: The Role of Stressful Life Events (P74)
- Rego A., Souto S., Pina E Cunha M.** Does the Need to Belong Moderate the Relationship Between Perceptions of Spirit of Camaraderie and Employees' Happiness? (P75)
- Rego A., Pina E Cunha M.** Perceptions of Spirit of Camaraderie and Happiness: The Complex Moderator Role of the Needs to Belong and For Uniqueness (P76)
- Salama-Younes M., Amany I., Vergeer I., Roncin C.** Ryff's Psychological Well-Being Scale, French Adaptation: Further Evidence of Construct Validity (P77)
- Salama-Younes M., Elsayed Ali M., Ragab Gabreal M.** Preliminary Validation of the Mental Health Continuum-Short Form For Egyptian Adolescents Athletes (P78)
- Salavecž G., Dockray S., Kopp M., Steptoe A.** The Association of Work Stress With Well-Being in Women in Relation to Socioeconomic Status (P79)
- Sanjuán P., Gordillo R., Magallares A.** Optimism and Life Positive Attitudes (P81)
- Sanjuán P., Magallares A., Gordillo R.** Self-Serving Attributional Bias and Well-Being (P82)
- Santos L. R.** Leisure Activities: The Relationship Between Satisfaction and Health (P83)
- Santos L. R., Palhares P.** Playing Chess and School Success (P84)
- Sartori R., Bassi M., Coppa R., Fianco A., Preziosa A., Delle Fave A.** Teachers' Wellbeing in the Eudaimonic Perspective (P85)
- Schueller S., Atanasov P.** Development of a Friendship Patterns Questionnaire (P86)
- Slezackova A., Karova S., Jelinek M., Pilat M., Kepak T., Vlekova I., Blatny M., Navratilova P.** The Brno Quality of Life Longitudinal Study of Pediatric Oncology Patients (QOLOP): Results from the Second Year of the Study (P87)
- Smojver-Ažić S., Martinac Dorčić T.** Subjective Well-Being and Somatic Symptoms in Regard of Level and Reasons For Physical Activity in Middle Age Women (P88)
- Stanko M.** The Effect of Intrinsic Vs Extrinsic Motivation on Affect and Evaluation of Creative Process Among Fine Arts Students (P89)
- Swick D.** Mapping Strengths (P90)
- Tucak Junaković I.** Trust in People and Some Aspects of Psychological Well-Being in Adults (P91)
- Visani D., Visani D., Albieri E., Ottolini F., Tomba E., Ruini C.** Differences According to Gender in Psychological Well-Being and Distress During Adolescence (P92)
- Vitulić H., Prosen S.** Comprehension of Happiness in the Period from Middle Childhood to the Early Adolescence (P93)
- Voitkane S., Miezite S.** First Year University Students Early Adjustment Experience At University (P94)
- Vulić-Prtorić A., Sorić I., Penezić Z.** An Empirical Look At the Defense Style Questionnaire-40: Reliability and Construct Validity (P95)
- Walker C.** The Role of Audiences in the Autotelic and Syntelic Flow Experiences of Athletes (P96)
- Weber M., Ruch W.** The Role of Similarity in Character Strengths Profiles of Juveniles and Adolescents in Romantic Relationships (P97)
- Yeh C.-Y.** Effect of the Positive Emotion Program on the Positive Emotion and Frustration Tolerance among the Fourth Graders (P 100)
- Zabret E.** Family Relationships As Predictors of Personal Well-Being Across the Life Course (P98)
- Živčić-Bećirević I., Juretić J., Jakovčić I.** The Role of Positive Expectations and Attributions of Success in Academic Adjustment of College Students (P99)

11.30 - 13.00

Ambasado

Symposium (invited):

Current and Future Directions in Flow Theory, Research, and Application. Part II: Flow Research and Applications

Organiser: **Nakamura J.**, Discussant: **Csikszentmihalyi M.**

Kiyoshi A., Nakamura J. The Study of Autotelic Personality

Bassi M. Optimal Experience, Motivational Orientations and the Work Paradox among Teachers

Orsted A. F. Explaining Danish and Finnish Students' PISA-Score Differences by Using the Flow Concept

Henrik K.H. How the Desire to Learn May Survive School

Rodríguez-Sánchez A., Salanova M., Cifre E., Schaufeli W. The Story Flows on: Some Research Findings about Flow Experiences

11.30 - 13.00

Kamelia 2

Symposium:

Importance of Emotional Intelligence in Positive Outcomes During Life Span

Organiser: **Faria L.**, Discussant: **Takšić V.**

Faria L. Emotional Competence and Level of Satisfaction of Portuguese Nursing and Voluntary Staff

Toyota H. The Person that Ease your Mind ("Ibasyo") and Emotional Intelligence in Interpersonal Adaptation

Lapierre S. Emotional Intelligence and Well-Being in Old Age

Hajnci Lj. The Role of Emotional Intelligence in Various Domains of Well-being

Takšić V., Mohorić T. Unique contribution of Trait Emotional Intelligence in prediction of Life Satisfaction and Risk Behaviors

11.30 - 13.00

Magnolia

Session: **Human Strengths**

Chair: Brdar Ingrid

Brdar I., Anić P., Turčinović T. Approaches to Happiness and Strengths of Character in Relation to Gender

Weber M., Ruch W., Park N., Peterson C. Assessment of Character Strengths Among Adolescents: German Adaptation of the VIA-Youth

Van Eeden C., Wissing M., Dreyer J. Character Strengths of South African Youth (VIA-Youth)

De Lange N. An Asset-Based Approach to Research and Intervention in the Context of HIV & AIDS

Wood L. Tapping Into Teachers' Strengths to Drive the Research Process

11.30 - 13.00

Kamelia 1

Session: **Thriving and Flourishing**

Chair: Popovic Nash

Popovic N. Being Positive with the Positive People - A Case Study of Personal Synthesis Programme in HIV+ Settings

Wood A., Joseph S., Linley P., Maltby J., Baliousis M. Authenticity and Well-Being: A Theoretical and Empirical Conceptualization

Nir D., Kluger A. Thriving Through Inner Conflict: The Negotiational-Self Theory and Its Application for Reaching Integrative Solutions Within the Self

Sircova A., Mitina O. Balanced Time Perspective (BTP) as a Resource of Person's Optimal Functioning

Lončarić D. To Flourish, Arm or Fade Away? Proactive, Defensive and Depressive Patterns of Self-Regulated Learning

11.30 - 13.00

Lovor

Session: **Optimism 2**

Chair: Bezinović Petar

Bezinović P., Marušić I. Family, School and Peers as Sources of Optimism in Adolescence

Czerw A. Parents and Their Children: Are there any Relations Between Optimism Levels in Family?

Stanculescu E. Optimism and Self-Efficacy - Psychological Correlates

Živčić-Bećirević I., Smojver-Ažić S., Martinac Dorčić T., Jakovčić I. Adjustment to College and Student Life Satisfaction

Rasskazova E. Activity and Positive Illness Representation as Buffers of Chronic Insomnia

11.30 - 13.00

Mimosa 1

Workshop:

Imago Therapy and Workshops: Applied Positive Psychology in the Relational Paradigm

Lison S.

13.00 – 14.00

Lunch

14.00 – 15.30

Ambassador

Symposium (invited):

SDT and Positive Psychology: The Role of Self-Determination Theory in Understanding People's Optimal Functioning (Part I.)

Organiser: **Chirkov V.**, Discussant: **Kashdan T.**

Lynch M. On Being Yourself: Ideal and Actual Self-Concept and the Support of Autonomy

Hodgins S.H. Self-Determination and Nondefensiveness

Sheldon K.M. Multi-Level Personality Integration: The Defining Role of Basic Need-Satisfaction

Chirkov V. People's Autonomy, Motivation, and Well-Being in Various Socio-Cultural Contexts: A Self-Determination Theory Perspective

14.00 – 15.30

Kamelia 2

Symposium: **Scotland: Positive Psychology in Practice**

Organiser: **Skinner A.**, Discussant: **Huppert F.**

Cutts E. Measuring Confidence and Well-being in Scotland: The Confidence Research System

Craig C. Scotland and Positive Psychology: A Marriage Made in Heaven?

Sani F., Bowe M. Identification with social groups in Scotland: Implications for well-being and mental health

Duncan E., Williamson J. Positive Psychology in Practice: Can the subjective well-being of adults living in a socially deprived community be increased?

14.00 – 15.30

Magnolia

Session: **School Community and Well-Being**

Chair: Noble Toni

Noble T. The Positive Educational Practices Framework: A Tool for Facilitating the Work of Educators in Promoting Wellbeing in School Communities

Moroz R. Positive Psychology in a School Community

Metsäpelto R., Pulkkinen L. Promoting Socio-emotional Development and School Achievement in Middle Childhood through School-Based Intervention Program

Ruini C., Ottolini F., Tomba E., Belaise C., Albieri E., Visani D., Fava G. A. School Interventions for Promoting Psychological Well-Being in Adolescence

Powell L. A School-Based Intervention Involving Massage and Yoga for Male Disadvantaged Adolescents: An Exploratory Study On a Self Discovery Programme

14.00 – 15.30

Kamelia I

Session: **Positive Traits**

Chair: Yue Xiao Dong

Yue X.D. Enhancing Humor as a Way to Promote Positive Psychology

Kolpachnikov V. Understanding Joyfulness

Marques S., Pais-Ribeiro J., Lopez S.J. Hope Intervention and School Benefits in Middle-School Students

Turner A , Fotiadou M., Barlow J. Experiences of Attending the HOPE Programme: A Qualitative Study

Zaccagnini J. Friendship and Positive Psychology: Some Data from Spain

14.00 - 15.30

Lovor

Session: **Health and Well-Being**

Chair: Cheshire Anna

Cheshire A. , Powell L., Barlow J., Stapley J. The Potential Role of Complementary and Alternative Medicine in Promoting Optimal Functioning Among Children with Brain Injury

Powell L. Quality of Life and the Training and Support Programme: Experiences of Children with Cerebral Palsy

Dotson L. More Than An Afterthought: Acknowledging the Centrality of Happiness for People with Developmental Disabilities

Jutras S., Tougas A. Benefits of Pediatric Cancer Experience: Perceptions of Survivors and Family

Strand E., Zautra A., Thoresen M., Kerns R., Finset A. The Impact of Positive Affect – Two Weekly Assessment Studies on Patients with Chronic Pain

14.00 – 15.30

Mimosa I

Workshop:

Art and Creativity Contribute to Positive Psychology

Milman E.

15.30 – 16.00

Coffee Break

16.00 – 17.30

Ambasador

Symposium (invited):

SDT and Positive Psychology: The Role of Self-Determination Theory in Understanding People's Optimal Functioning (Part II.)

Organiser: **Chirkov V.**, Discussant: **Kashdan T.**

Scrignaro M. Studying Predictors of Post-Traumatic Growth in Cancer Patients: The Combined Contribution of SDT and Positive Psychology

Wang J. Promoting Intrinsic Motivation in Sport and Exercise: A Self-Determination Theory Framework

Kawabata M. Examination of the Relationship Between Self-Determination and Flow Theories for Further Understanding of Optimal Human Functioning

Michou A. The Development Of Students' Self-Knowledge and Creativity in Secondary Education: A Collaborative Action Research Project Based on Self-Determination Theory

Mestre S. Applying Self-Determination Theory to Help a Sample of Obese Portuguese Individuals

16.00 – 17.30

Magnolia

Symposium:

International Perspectives on Postgraduate Education in Positive Psychology

Organiser: **Boniwell I.**, Discussant: **Henry J.**

Pawelski J. The University of Pennsylvania's Master of Applied Positive Psychology Program

Boniwell I. Postgraduate Education in Positive Psychology: A British Approach

Perloiro M.F. The Portuguese Catholic University Post-Graduate Program in Positive Psychology

Nakamura J. Doctoral Education in Positive Psychology

Delle Fave A., Bassi M. Positive Psychology Education in Italy: The Experience at the Milan Faculty of Medicine and the Launching of a Master Course in Applied Positive Psychology

16.00 – 17.30

Kamelia 2

Session: **Family and Parenthood**

Chair: Botha Karel

Botha K., Potgieter J. The Relationship Between Self-Regulation and Perceived Family Functioning

Martikainen L. Family Environment in Adolescence as Predictor of Life Satisfaction in Adulthood

Abbott R., Huppert F., Kuh D., Ploubidis G., Croudace T. Parenting Practices Predict Psychological Well-Being in Mid-Life: Life Course Associations Among Women in the 1946 British Birth Cohort Study

Matsumoto Y., Sofronoff K., Sanders M. Professional Intention to Adopt Parenting Program: Triple P- Positive Parenting Program in Japanese Society

Park A. Relationship Between Creative Attitudes and Locus of Control

16.00 – 17.30

Lovor

Session: **Eating Disorders, Body Dissatisfaction and Well-Being**

Chair: Kirsten Doret

Kirsten D., Du Plessis W. Lived Experiences of Subclinical Eating Disorders - Lessons for "Positive Psychologists"

Georgiadis M., Stavrou N. Long-Term Dieting Efforts in Relation to Autonomous and Controlling Motives: A Description of Main Trends

Preziosa A., Riva G., Delle Fave A. The Experience of Obesity: Promoting Adherence and Well-Being

Kirsten D., Fischer M., Nienaber A. Strengths, Personality Traits and Psychological Well-Being in Females with Body-Dissatisfaction and Drive for Thinness

16.00 – 17.30

Mimosa I

Workshop:

Enhancing Psychological Strengths through Hypnosis: An Experiential Introduction

Guse T.

16.00 – 17.30

Kamelia I

Book presentation: positive psychology university textbook (Croatian)

Rijavec M., Miljković D., Brdar I. :

Positive psychology: Contemporary Understandings of Happiness

17.30 – 18.30

Ambassador

Invited speaker: **Mihaly Csikszentmihalyi**

The Role of Flow in Positive Psychology

18.30 – 19.30

Ambassador

Meeting: **ENPP & IPPA**

**European Network of Positive Psychology
International Positive Psychology Association**

21.00

Hotel Kvarner

Conference Dinner

Friday, July 4

8.30 - 9.30

Ambassador

Invited speaker: **Stephen Joseph**

Growth Following Adversity: The Positive Psychology of Posttraumatic Stress

9.30 - 11.00

Ambassador

Book presentation

Ed Diener & Robert Biswas Diener:

Happiness: Unlocking the mysteries of Psychological Well-Being

9.30 - 11.00

Kamelia 2

Symposium:

Servant-Leadership, Key to Follower's Well-Being, Engagement and Personal Growth

Organiser: **van Dierendonck D.**, Facilitator: van Dierendonck D.

van Dierendonck D. Servant Leadership: A Multidimensional Conceptualization and Measurement

Dannhauser Z. Servant Leadership as a Factor in Organizational Life

Nuijten I. Self-Determination as Precedent and Result Of Servant-Leadership

Pagrach L. Leadership and Engagement, a Multi-Cultural Perspective

9.30 - 11.00

Kamelia 1

Round table:

Self-Determination Theory in The Context of Positive Psychology: Current Developments, Applied Research and Opportunities for Collaboration

Discussant: **Chirkov V.**

Participants: **Sheldon K.**
Hodgins H.
Lynch M.

9.30 - 11.00

Lovor

Session: **Work and Well-Being**

Chair: Clausen Thomas

Clausen T. The Relationship Between Positive States at Work and Mental Health

So T., West M. Constructing a Better Workplace: The Role of Job Design and Team Structure On Subordinate Well Being

Jankovic J. Positive Coping Mechanisms Towards Motivational Gravity at the Workplace

Cunha M., Rego A. Do the Opportunities for Learning and Personal Development Lead to Happiness? It Depends On Work-Family Conciliation

Rantanen J. , Kinnunen U., Pulkkinen L. Work-Family Balance: Mission Possible?

9.30 - 11.00

Magnolia

Session: **Well - Being of Professionals**

Chair: Hudek-Knežević Jasna

Hudek-Knežević J., Krapić N., Kalebić Maglica B. Organizational Stress, Job Involvement and Job Commitment as Predictors of Subjective Health Outcomes in Hospital Nurses: A Prospective Study

Colombo F., Corsale B., Marchi S., Goldwurm G. Positive Psychology and Therapists' Well-Being

Senol Durak E., Gencoz T., Durak M. The Factors Associated with Life Satisfaction of the Correctional Officers

Dragovic T.

Teachers' Professional Identity. A Comparative Study into How Teachers Who Attended Personal Development Trainings (and Those Who Did Not) Talk About Their Professional Identity and Their Work

Green L., Grant A.

Workplace Coaching for Teachers: Enhancing Goal Striving & Workplace Well-Being

9.30 - 11.00

Mimosa I

Student session: **Optimism and Personality Traits**

Chair: Antulić Sandra

Antulić S. Determinants of Student College Adjustment and Individual Differences According to their Participation in Student Mentoring Programme

Kadić A., Kovačević M., Grabar N. Examining The Effects of Driving Test Success, Locus of Control and Personality Traits on Self-Esteem

Bele S., Könye D., Majerle M. Optimism, Self-Efficiency and Self-Concept: Why Some Students Expect Greater Academic Success than Others?

Jovanović V., Brdarić D. Optimism, Self-Esteem and Perception of Control as Predictors of Well-Being

Žuljević D., Dinić B., Jovišević D. Differences in Self-Esteem, Optimism and Well-Being Related to Different Profiles of Boredom Experience

11.00 – 11.30

Coffee Break

11.30 - 13.00

Ambasador

Session: **General Well-Being**

Chair: Wissing Marié

Wissing M. Levels of Psychological Well-Being: Prevalence, Concomitants

Musek J. The Structural Hierarchy of Well-Being

Allen Cover D. Well-Being: New Paradigms of Wellness-Inspiring Positive Health Outcomes and Renewing Hope

Davidson N. Evaluating Experiential Wellbeing Challenges for Students and Staff at the University of Western Sydney (UWS), Australia

Haworth J. The Way We Are Now

11.30 - 13.00

Magnolia

Session: **Personal Growth**

Chair: Van Schoor A.

Van Schoor A. Coaching for Development: Using the Theory of Transformational Intelligence to Facilitate Personal Growth

Hefferon K., Grealy M., Mutrie N. Understanding the Experience of Posttraumatic Growth Among Breast Cancer Patients: The Perceived Influence of an Exercise Intervention on the Process and Outcomes of Posttraumatic Growth

Magrin M., Scignaro M. Studying Predictors of Post-Traumatic Growth in Cancer Patients: The Combined Contribution of SDT and Positive Psychology

Garcia D., Siddiqui A. It Is What Adolescents Make of Themselves Intentionally That Makes Them Happy: Temperament, Character and Happiness Enhancing Strategies

Ghedin E. A New Measurement of Adolescents' Health and Subjective Well-Being

11.30 - 13.00

Kamelia 1

Session: **Sport and Well-Being**

Chair: Nienaber Alida

Nienaber A., Laureano C., Grobbelaar H. The Needs and Coping Abilities of University Rugby Players

Van Eeden C., Wissing M., Malebo A. Psychological Well-Being and Psycho-Social Development of Sport Participants in South Africa

Martin-Krumm C., Oger M., Sarazin P., Pelayo P. College Pupils' Burnout and Effects of Perceived Ability On Performances

Oger M., Martin-Krumm C, Sarazin P., Pelayo P. Burnout in General School Context and During Physical Education Classes

Martine L., Nadia C., Anne N. Another Way to Develop Optimism On Athletes

11.30 - 13.00

Lovor

Session: **Flow and Mindfulness**

Chair: Kawabata Masato

Kawabata M., Mallett C. Optimal Experience in Physical Activity: Empirical Examination of Flow as An Attentional Process for Japanese Adults

Matias G., Freire T. Flow and Cortisol: Where Does Subjective Experience and Physiology Patterns Converge? An Exploratory Study

Andersen K. Supportive Teaching – An Action Research Study Adapting Csikszentmihalyi's Flow Model to Teaching of Undergraduate Psychology Students

Kee Y , Wang C., Chen L. Mindfulness Dispositions and Mental Skills Adoption Among Athletes

Roald T. Art and Experience

11.30 - 13.00

Mimosa 1

Student session: **Positive Affect and Well-Being**

Chair: Prce Zagorka

Prce Z., Grabant A., Tumpić J. Predictors of Life Satisfaction and Happiness in Adolescence

Krupić D., Blažinčić S. Happy Youth in Croatia?

Bačić A., Banai B., Brašnić E. Relationship Between Adolescents' Positive and Negative Affective Experiences and Happiness

Telecki T., Zotović M. Relations of Family Characteristics with Coping Styles and Indicators of Adolescents' Mental Health

Žauhar V., Plosnić M., Stojilković L. Relationship Between Perfectionism, Achievement Motivation and Well-Being in High School Students

11.30 - 13.00

Kamelia 2

Book presentation

Freire T. (Ed.)

Understanding Positive Life: Research and Practice on Positive Psychology

13.00 - 13.30

Ambassador

Closing Ceremony